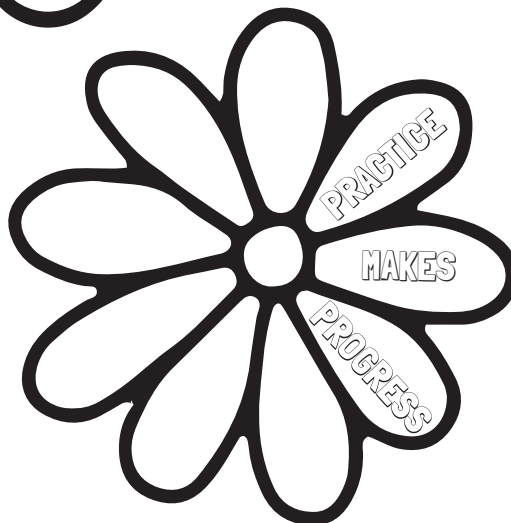


Growth Garden

Positive self-talk is when you say or think something kind about yourself. Read aloud the self-talk phrases below. Next, color and cut out the flowers. Then, place them in your growth garden on the next page!



MY GROWTH GARDEN

